

MENU ITEMS	Serving Size (oz)	Calories	Calories from Fat (g)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)
Rice & Noodles												
Fried Rice	10 oz	580	150	18	4	0	100	880	90	9	0	18
Noodles	10 oz	420	120	10	2	0	0	980	64	10	8	14
Steamed Rice	10 oz	430	0	0	0	0	0	0	102	0	0	10

Vegetables												
Mixed Vegetables	6 oz	50	0	0	0	0	0	400	9	5	3	3

Chicken												
Orange Chicken	6 oz	370	155	18	2	0	80	550	40	0	18	16
Sweet & Sour Chicken	6 oz	370	155	18	2	0	80	550	40	0	18	16
Mango Chicken	6 oz	360	150	15	2	0	80	600	40	0	18	16
Bang-Bang Chicken	6 oz	370	150	15	2	0	80	600	40	0	18	16
General Tso's Chicken	6 oz	370	155	15	2	0	80	600	40	0	18	16
Mushroom Chicken	6 oz	270	180	19	4	0	70	980	22	2	6	19
Chicken Broccoli	6 oz	270	180	19	4	0	70	980	22	2	6	18
Bourbon Chicken	6 oz	340	160	16	4	0	120	800	30	0	16	40
Spicy Bourbon Chicken	6 oz	350	160	16	4	0	120	800	40	0	16	40

Appetizer												
EggRoll	1 pcs	200	100	12	4	0	60	800	26	1	2	9
Spring Roll	1 pcs	80	30	4	1	0	0	270	11	2	1	2
Cheese Wanton	2pcs	120	50	6	3	0	26	120	16	1	1	3

The dietary Guidelines for Americans recommend limiting fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending upon daily calorie consumption. These values are based on standard product formulation. Minor acceptable variations can be expected due to sampling differences, product assembly, seasonal influences, and regional suppliers. A small amount of Trans Fat naturally occurs in beef, and is reflected in our nutritional information. Ruby Thai cooking oil and products contains zero grams of artificial Trans Fat per serving.

Entrée selections may vary by locations.

